## Raider Jr. High Track and Field Invitational April 12, 2024

## Schedule of Events

## **Field Events**

4:30PM Boys Shot Put followed by Girls Shot Put (4 Throws, No Finals)

Girls Discus followed by Boys Discus (4 Throws, No Finals)

Boys Long Jump followed by Girls Long Jump (4 Jumps, No Finals) Girls High Jump followed by Boys High Jump (Girls -3'8", Boys -4'0") Boys Pole Vault followed by Girls Pole Vault (Boys -6'0", Girls -5'0")

Running Events Top 8 Times to Finals

5:00PM Semi Finals

Girls 100m Hurdles Boys 110m Hurdles Girls 100m Dash Boys 100m Dash

Girls 4x800m Relay (Final) Boys 4x800m Relay (Final)

Girls 200m Dash Boys 200m Dash

Finals (20 minutes after last Semi-Final

Girls 100m Hurdles Boys 110m Hurdles Girls 100m Dash Boys 100m Dash Girls 4x200m Relay Boys 4x200m Relay Girls 1600m Run Boys 1600m Run Girls 4x100m Relay Boys 4x100m Relay Girls 400m Dash Boys 400m Dash Girls 200m Hurdles Boys 200m Hurdles Girls 800m Run Boys 800m Run Girls 200m Dash

Boys 200m Dash

## Girls 4x400m Relay Boys 4x400m Relay

Awards should be picked up by coaches at the conclusion of the meet in the press box.

Scoring: 10-8-6-5-4-3-2-1